

I'm Not Who You Think I Am

I may appear to be	In reality I am	What I need is
Weird	Creative Imaginative Marching to a different drummer Misunderstood Bored	Acceptance A creative outlet Choices of assignments To celebrate my uniqueness Teachers with a sense of humor Peers with shared interests Mentors
Disrespectful	Afraid to risk failure Uninterested Under-challenged Testing limits Feeling trapped Frustrated Resentful of focus on weaknesses	Interaction with other twice-exceptional kids Supportive teachers Strength-based assignments Freedom to explore passions Negotiated boundaries Opportunities to share passions A social skills autopsy
Stubborn/Trapped	Afraid to risk failure Afraid to do it any other way Already seeing the finished product Frustrated Persistence	Choices in how I learn Choices in demonstrating what I have learned Problem-solving techniques Explicit instruction for skill deficits To learn how to pick battles To explore others' view points
Annoying/Embarrassing	Lacking social skills Seeking attention Lonely Trying to be funny Looking for a friend	Social skills training Risk-free environment to practice social skills Coping strategies Practice Social skills autopsy
Lazy	Unsure academically Afraid to risk failure Helpless Disenchanted Developing asynchronously	Academic support Encouragement A noncompetitive environment Strength-based assignments Explicit instruction for skill deficits Hands-on opportunities
Immature	Shy Introverted Feeling out of place Feeling unimportant Developing asynchronously	A noncompetitive environment Social skills training Extra time to grow up Coping strategies To learn to regulate emotions
Impulsive	Enthusiastic Unable to envision consequences Experiencing sensory overload Confused Needing immediate gratification	Coping strategies Stress management Information on how the brain works Understanding of sensory overload Awareness of behavior triggers

